

## PATIENT HEALTH & HISTORY

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Please fill out completely. Mail to the above address or e-mail within 3 days of receipt, otherwise, bring this to your appointment. Use additional sheets for surgery/medication lists as needed. Thank you.

**Current date:** \_\_\_\_\_

**NAME:** (last) \_\_\_\_\_ (first) \_\_\_\_\_ (middle) \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Social Security #: \_\_\_\_\_

**DESCRIBE PRESENT PROBLEM:** (check here if there are no problems: \_\_\_\_\_)

\_\_\_\_\_

\_\_\_\_\_

**SEXUAL HISTORY:** Have you ever been sexually active? NO YES

Age at first intercourse: \_\_\_\_\_ Are you currently sexually active? NO YES

Please check any birth control methods ever used. Please circle current method.

\_\_\_ oral contraceptive (brand \_\_\_\_\_) \_\_\_ IUD  
\_\_\_ condoms \_\_\_ foam \_\_\_ rhythm (natural family planning)  
\_\_\_ diaphragm \_\_\_ withdrawal \_\_\_ tubal ligation  
\_\_\_ vasectomy \_\_\_ Essure \_\_\_ ablation \_\_\_ Other \_\_\_\_\_

Have you ever had any of the following sexually transmitted diseases? (include date diagnosed and treated)

\_\_\_ Chlamydia \_\_\_\_\_ \_\_\_ Gonorrhea \_\_\_\_\_  
\_\_\_ Herpes \_\_\_\_\_ \_\_\_ Syphilis \_\_\_\_\_  
\_\_\_ Trichomonas \_\_\_\_\_ \_\_\_ Genital Warts \_\_\_\_\_  
\_\_\_ HIV \_\_\_\_\_ \_\_\_ Other \_\_\_\_\_

How many partners have you had? \_\_\_\_\_ How many partners has your current partner had: \_\_\_\_\_

Any sexual problems? \_\_\_\_\_

**MEDICAL HISTORY:** Do you currently or have you ever had any of the following? Check all that apply.

\_\_\_ Anemia \_\_\_ Arthritis \_\_\_ Cancer (type) \_\_\_\_\_  
\_\_\_ Diabetes \_\_\_ Gastric Ulcer \_\_\_ Heart disease/Rheumatic fever/Mitral valve prolapse  
\_\_\_ High Blood Pressure \_\_\_ High Cholesterol  
\_\_\_ Kidney \_\_\_ Thyroid \_\_\_ Tuberculosis  
\_\_\_ Other \_\_\_\_\_

Please explain and include description of medical illness, date diagnosed, and physician who treats(ed) you:

\_\_\_\_\_

\_\_\_\_\_

**INFECTION HISTORY:** Check all that apply.

\_\_\_ Live with someone with TB or exposed to TB \_\_\_ Rash or viral illness since last menstrual period  
\_\_\_ History of HPV \_\_\_ History of Hepatitis B

**SURGICAL HISTORY:** Please list surgery/date/physician. Attach typed list w/patient name if available.

**FAMILY HISTORY**

alcoholism  cholesterol  clotting  deep vein thrombosis  diabetes  high cholesterol  high blood pressure  
Other: \_\_\_\_\_

**SOCIAL HISTORY (Circle appropriate answer):**

Marital status: Married Single Divorced Widowed

Husband's name: (if applicable) \_\_\_\_\_

Tobacco use: (ever) NO YES \_\_\_\_\_ packs per day for \_\_\_\_\_ years. Quit date \_\_\_\_/\_\_\_\_/\_\_\_\_

Alcohol use: NO YES \_\_\_\_\_ drinks per day/ \_\_\_\_\_ drinks per week/ \_\_\_\_\_ drinks per month

Street drugs: NO YES Name(s) and last date used: \_\_\_\_\_

Have you ever been treated for an alcohol or drug problem? NO YES

Please describe: \_\_\_\_\_

**MEDICATION HISTORY:** (please attach typed list if available w/patient name)

NAME DOSE REASON Prescribed by: \_\_\_\_\_

**ALLERGIES:**

Do you have any allergies to the following? Please check all that apply and describe reaction:

Food:

Eggs  Milk  Peanuts  Tomatoes  Strawberries  Wheat  Other: \_\_\_\_\_

Medications:

penicillin \_\_\_\_\_  sulfa \_\_\_\_\_

aspirin \_\_\_\_\_  codeine \_\_\_\_\_

morphine \_\_\_\_\_  other antibiotic or medication \_\_\_\_\_

Environmental:

Animal dander  Dust  Grasses  LATEX  Stainless steel  Talc  Tape  Topical Iodine Other: \_\_\_\_\_

**MENSTRUAL HISTORY:** Date of last menstrual period (LMP) or year, if post-menopausal: \_\_\_\_\_

Menstrual cycle: Age of onset \_\_\_\_\_ Regular? YES NO Is your flow: *Light Normal Heavy*

Duration of menstruation (# of days): \_\_\_\_\_ Duration of menstrual cycle (# of days): \_\_\_\_\_

If your periods are abnormal (circle all that apply): *bright red bleeding gushing clots (estimate size: \_\_\_\_\_)*

Other: \_\_\_\_\_

Do you experience pre-menstrual syndrome? NO YES

Check all that apply and describe symptom:

Hot flashes \_\_\_\_\_  Irritability \_\_\_\_\_

Urine loss \_\_\_\_\_  Decreased sexual desire \_\_\_\_\_

Insomnia \_\_\_\_\_  Vaginal dryness \_\_\_\_\_

Vaginal discharge/itching/burning \_\_\_\_\_

Other: \_\_\_\_\_

**PREGNANCY HISTORY:** Total number of pregnancies: \_\_\_\_\_ Deliveries: \_\_\_\_\_ Miscarriages: \_\_\_\_\_

Elective Abortions: \_\_\_\_\_ Living children: \_\_\_\_\_

Please list pregnancies, in order, including miscarriages and abortions:

#	Delivery Date	Vaginal or c/section	Weight	Weeks	Gender (M/F)	Complications	Hospital/City

**PHYSICAL HISTORY**

Date of last physical exam: \_\_\_\_\_ Date of last PAP smear: \_\_\_\_\_ Date of last mammogram: \_\_\_\_\_ Date of last colonoscopy: \_\_\_\_\_

Please describe any abnormal PAP smear or mammogram (include dates): \_\_\_\_\_